

MAKE THE MOST OF THURSDAY TO SUNDAY

CANVAS IN THE CITY

Your curated fix of the best art shows

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FOR months this year, viewing art on our screens was palatable as the only alternative. Now, Art Night Thursday is back, as part of Mumbai Gallery Weekend, a collaborative initiative by contemporary art galleries in the city. Nine spaces will host physical exhibitions, by appointment, with safety measures in check.

TIME 11 am to 5.30 pm

Hop around art

Nine of SoBo's leading contemporary art galleries will open today, by appointment, with new exhibitions. Here's what's in store

Also check out

- **Akara Art**
Byrne: In Plain Sight
LOG ON TO akaraart.com
- **Art Musings**
Doorways
LOG ON TO artmusings.net
- **Chatterjee & Lal**
Outside
LOG ON TO akaraart.com
- **Project 88**
A Body Without Organs
LOG ON TO project88.in



Ratna Gupta, Everything is Precious LVI.
PIC COURTESY/SAKSHI GALLERY

Breathing Through Shifting Scapes,

Sakshi Gallery

Curated by Jesal Thacker, this exhibition features works by 12 artists including Ankush Safaya, Lakshman Rao Kotturu, Madhu Das, Minal

Damani, Nidhi Khurana, Rachana Badrakia, Ratna Gupta, Sitaram Swain, Sujith SN and Suhasini Kejriwal. Each of their works trace shifts in ecological, political and geographical terrains.

TILL October 3 LOG ON TO sakshigallery.com

Appropriation Disinformation,

TARQ

Apnavi Makanji's work has made its way to India for the first time. About the significance of Appropriation Disinformation - Nature and the Body Politic, gallerist Hena Kapadia says, "The works consist of collages on pages from a 70-year-old encyclopaedia — the background of each work lists regions exploited by colonisers over the years for their various metals and minerals."

TILL September 30
LOG ON TO tarq.in



PIC COURTESY/APNAVI MAKANJI AND TARQ

Luggage, People and a Little Space,

Galerie Mirchandani + Steinruecke

The first solo exhibition of Aban Raza, who has been the recipient of a Lalit Kala Akademi research grant, includes paintings and prints that are rooted in both reality and history. According to gallerist Ranjana Steinruecke, "Aban's practice is defined by the prevailing political and social climate in Asia. Her bold, expressive prints point to the systematic redefinition of nations and the realignment of civilisations, whereas the densely coloured paintings speak of marginalisation and the absurd state of welfare."

TILL October 15
LOG ON TO galeriems.com



Aban Raza, "Romila Thapar", oil on canvas. PIC COURTESY/GALERIE MIRCHANDANI + STEINRUECKE

Black Beyond Sight,

Jhaveri Contemporary

The gallery is celebrating its 10th anniversary with a group show that was originally to open in April. It is an exercise on perceiving 'black', a shade that seemingly binds the works of late Pakistani modernist Anwar Jalal Shemza, Amina Ahmed and Parul Thacker. You'll spot diverse mediums — etchings on carbon paper, ink on muslin on paper, and sooty sculptural scenes.

TILL November 7 LOG ON TO jhavericontemporary.com



Anwar Jalal Shemza, Fish, 1957. Ink on muslin on paper. PIC COURTESY/JHAVERI CONTEMPORARY

TILL November 2
LOG ON TO galerieisa.com

LOVE BYTES

The best of things to do in twos

Funny pieces of advice

The Agony Aunt section of newspapers is a place that people turn to when they seek help with matters of the heart. But four comedians will now put up a show where they turn things around and give funny suggestions to people who write to a made-up Agony Aunt column. The main thing is that their solutions are of no help. No wonder the show is called Relationsh*t Advice.

ON Today, 10.30 pm
LOG ON TO insider.in
COST ₹199

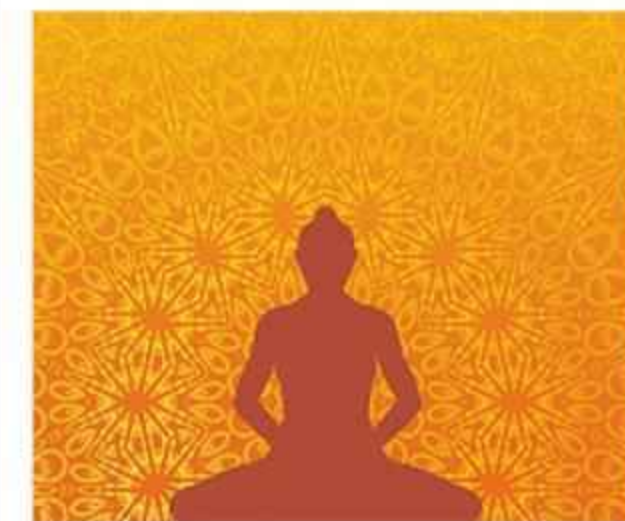
**CTRL+ALT+RELAX**

Smart ways to unwind end of week

**Time to de-stress**

Join a trainer from the Isha School of Hatha Yoga to learn techniques that can help reduce stress and anxiety.

FREE ON September 11
CALL 8928217396

**The moon is the limit**

Vitality Hours is an event where different experts will conduct lessons in various aspects of wellbeing. The sessions for this weekend will focus on lunar energy, with another one on how dance and yoga can be merged to make your limbs more nimble.

ON September 12, 5 pm
LOG ON TO insider.in
COST ₹499