Education
2014 – 2018 PhD Art Practice & Learning, Goldsmiths
2018 – 2021 MA Sculpture, Royal College of Art
2012 – 2013 MA History of Art, The Courtauld Institute of Art
2009 – 2012 BFA Fine Art, Oxford University

Solo Exhibitions
2026, *Vark,* Indigo+Madder, London, GB
2025, *Drawing Room Invites,* Drawing Room, London, GB
Anatomy of Parts, Indigo+Madder, London, GB
2024, *Dispersive Acts*, TARQ, Mumbai, IN
Seeded Futures, Arboreal Drifts, DIANA, New York, US
Artist Room, Jameel Arts Centre, Dubai, UAE
2023, *Architectures of Excess,* Carbon12, Dubai, AE
Geometries of Difference, Somerset House, London, GB
2021, *A Track to Bare*, Carbon 12, Dubai, AE
2020, *A Mechanised Thought*, Indigo+Madder, London, GB
2019, *Every Line Makes a Cut,* Carbon 12, Dubai, AE
2017, *Plane Maker,* Carbon 12, Dubai, AE
2016, *Diffraction Metis,* Yve Yang Gallery, Boston, US
Deft Nodes, Lundgren Gallery, Palma de Mallorca, ES
2014, *Parallax,* Centre for Arts and Learning, Goldsmiths, London, GB
Users and Borrowers and Keepers, Lundgren Gallery, Palma de Mallorca, ES

Select Group Exhibitions
2026, *Strange Loop,* Seconds, London, GB
2025, *The 6th Edition of The Sculpture Park,* Jaigarh*,* Jaipur, IN
Formal Perspectives, Khawla Art and Culture, Abu Dhabi, UAE
Seedlings: Diasporic Imaginaries, Traveling Gallery, Scotland, GB
2024, *Between Hands and Metal,* Palmer Gallery, London, GB
Moving Metaphors, ss space, Taipei, TW
Tomorrow, Today, Yesterday, Modern Forms, London, GB
Holding Cosmic Dust, Hot Desque, Corinium Museum, Cirencester, GB
Drawing Biennial, Drawing Room, London, GB
Legacies of Crossings, Shanaz Gallery, London, GB
2023, *Proposals for a Memorial to Partition,* Twelve Gates, Philadelphia, US
Nine Nodes of Non-Being, 421, Abu Dhabi, AE
The Nights Will Follow the Days, Serendipity Arts Festival*,* Goa, IN
Landscape and Depth, KICHE, Seoul, KR
Boundary, Boundary, Boundary, Cadence, Shanghai, CN
Spirals, Loops, mutants, K11, Shanghai, CN
Horror in the Modernist Block, IKON, Birmingham, GB
2022, *My Mother Was a Computer,* Indigo+Madder, London, GB
Yours in Truth, Space118, Mumbai, IN
City Entwined, Paradise Row, London, GB
Synthesis, Saatchi Gallery, London, GB
Slow Burn, Indigo+Madder, London, GB
2021, *Tomorrow 2021*, White Cube, London, GB
Where Things Land Down, Fels, London, GB
Abducting The Priestess Might Solve Your Crops, Ergo Collective, Athens, GR
2020, *Out of the Woods,* Carbon12, Dubai, AE
2019, *Odds,* TOMA, Southend, GB
Espacio, Luz y Orden, José de la Fuente, Santander, ES
And Proceed to Fill the Next Fold, The Future, Galleri 21*,* Malmö, SE
A World in Vertigo, Brunel Museum, London, GB
2018, *Some Places Exist Only Once,* Schimmel Projects Art Centre, Dresden, DE
Opening Remarks, Athr Gallery, Jeddah, SA
As You Become, Exhibit 320, Delhi, IN
When You Travel in Time, Leave Nothing Behind, Lewisham Art House, London, GB
ROYGBIV, Kate Werble Gallery, New York, US
2017, *Pictures of Nothing,* PG Art Gallery, Istanbul, TR
Meaningful Vision, Pembroke College, Oxford, GB
Drifting Here and Now, Here I Am Art Space, Dalian, CN
2016, *As You Can See,* Exhibit 320, Delhi, IN
Backdrop, Wilsnacker Strasse, Berlin, DE

2015, UK/raine: Emerging Artists from the UK and Ukraine, Saatchi Gallery, London, GB
Xenotpoia, Gibberd Gallery, Harlow, GB
2014, Old Rope, Pippy Houldsworth Gallery, London, GB
Morphol Scowl, Piccadilly Place, Manchester, GB
Switch, Pulchri Studio, Den Haag, NL
2012, *Saatchi New Sensations*, Victoria House, London, GB

Fairs and Projects
2026, *Art Mumbai*, TARQ
Art Basel Hong Kong, TARQ
Frieze London, Carbon12, London, GB
Frieze Abu Dhabi, Carbon12, Abu Dhabi, UAE
2017, *The Box,* Pippy Houldsworth Gallery, London, GB

Conference Papers and Talks
2025, Panel Discussion, with Amrita Jhaveri, Sonia Boyce and Zoe Whitley, Association of Women in the Arts, London, GB
2024, Artists on Artists, with Sarah Almehairi, Jameel Arts Centre, Dubai, UAE
Panel Discussion, with Ayesha Singh, Ian Malhotra and Wribhu Borphukon, STIR, New Delhi, IN
2023, Artist Talk, Camberwell College of Art, GB
2022, Artist Talk, Somerset House, GB
2021, Panel Discussion, with Melanie Pocock and Sarah Forman, AORA, GB
2020, Artist Talk, Simon Fraser University, CA
Artist Talk, Wimbledon College of Arts, GB
2019, Artists in Conversation, with Adwait Singh, Nupur Mathur and Sohrab Hura, IO Project Space, New Delhi, IN
2017, Artist Talk, Cypher Collective, Pembroke College, University of Oxford, GB
Artist Talk, Honorarium by ASC Arts & Humanities Large Grant, Ohio State University, US
2016, Artist Talk, Vinay Sharma Studio, Jaipur, IN
Artist Talk, Yve Yang Gallery, Boston, US
2015, Conference Paper, Discourse, Power, Resistance 15: Creative Spaces for Collective Voices, Goldsmiths, University of London, GB

Published Research
Amba Sayal-Bennett, 'Diffractive Analysis: Embodied Encounters in Contemporary Artistic Video Practice', *Tate Papers*, no.29, Spring 2018

Awards
2020, *Gilbert Bayes Award,* Royal Society of Sculptors
New Editions, London Bronze Casting
2014 – 2016, *Graduate Studio Award,* A.P.T
2014, *WW SOLO Award,* WW Gallery
2012, *The Ives Prize,* The Queen's College, Oxford University
The Vivien Leigh Prize, The Ashmolean Museum
2010, *The Michel Scholarship,* The Queen's College, Oxford University
The Geoffrey Rhodes Prize, The Ruskin School of Art, Oxford University

Residencies
2022, *The Derek Hill Foundation Scholarship,* British School at Rome, Rome, IT
2020, *Arnis Residency,* Arnis, DE
2019, *Cypher Carving Residency,* Dorset, GB

Collections
Saatchi Collection
Western Art Print Room Collection, Ashmolean Museum
Art Jameel
Serendipity Arts Foundation
Kiran Nadar

Representation
Carbon12, Dubai, AE
TARQ, Mumbai, IN
Indigo+Madder, London, GB
Lundgren Gallery, Palma de Mallorca, ES