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Kenneth Hopkins · Oct 21 · 2 min read

Art, Ecology, and Healing: Garima Gupta Unveils 'Home-sick' at TARQ Mumbai

Mumbai is about to get a stunning new dose of contemporary art. TARQ is officially delighted to present "Home-sick", an incredibly thought provoking solo exhibition by New Delhi based artist and researcher Garima Gupta.

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Set right in the heart of the city at TARQ's gallery space in Fort, the exhibition preview kicks off on Thursday, October 29, 2026, from 6:00 pm to 9:00 pm. If you cannot make the opening night festivities, there is no need to worry! The show runs all the way until Saturday, December 19, 2026. You can easily pop in to view the collection during regular gallery hours from Tuesday to Saturday between 11:00 am and 6:30 pm.

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Exploring Botanical Histories

So what exactly is "Home-sick" all about? The exhibition showcases a gorgeous series of works on paper utilizing graphite, pastels, and collage. On the surface, the art looks at botanical specimens that Gupta first came into contact with during her prestigious fellowship at Harvard University in 2023.

However, if you dig a little deeper, the exhibition considers sickness as both a symptom and a witness to histories of exhaustion, displacement, and care. Accompanied by a text from Veeranganakumari Solanki, the showcase invites viewers to see homesickness as a yearning that beckons us back to the body.

Deep Roots in the Himalayas

The pieces in this exhibition emerge from a deeply sustained period of research. Gupta spent years conducting extensive fieldwork alongside Amchis, shamans, and foragers across Ladakh, Sikkim, and Kalimpong. Her inquiry focused heavily on medicinal plants collected across the Trans-Himalayan belt.

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Bringing that knowledge back to the studio, Gupta cut through images of botanical specimens and arranged layers of color smeared paper to create visual records of climate change. Her drawings specifically attend to the fragile, broken, and deteriorating parts of specimens like Rheum australe, Neopicrorhiza scrophulariiflora, Aconitum heterophyllum, and Delphinium vestitum. The work serves as a powerful meditation on what disappears when a species goes extinct and what it means to carefully attend to what remains.

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A Sister Show in Goa

As an exciting bonus for travelers and festival goers, this exhibition actually has a sister show taking place at the Serendipity Arts Festival 2026 in Goa. Curated and directed by Garima Gupta and Pravah Khandekar, that version of the project is conceived as a hybrid multimedia musical performance and installation. It will integrate live sonic improvisation, spoken word, and video projection to stage a relationship between human physiology and the trans-Himalayan landscape.

Whether you catch the multimedia performance in Goa or the stunning works on paper here in Mumbai, Garima Gupta's latest project is absolutely unmissable.

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